



TRAUMA & EMERGENCY ACADEMIC MEDICINE SENTINEL

"Proclaiming and Promoting Academic Leadership"



TEAMS



OFFICIAL VOICE OF ACADEMIC COLLEGE OF EMERGENCY EXPERTS (ACEE) &
EMERGENCY MEDICINE ASSOCIATION (EMA) - AN INDUSEM UNDERTAKING



Department of Emergency Medicine,
MOSC Medical College Hospital, Kolenchery, Ernakulam, Kerala, India

From the Editor's desk.

Dear friends and colleagues,



As we are moving towards the end of 2018, it is a time to retrospect, the success we have achieved, the milestones we created, the new paths we walked through and more importantly the areas to improve on and the progress we need to achieve in 2019.

The current year was definitely quite rich with events and activities, keeping all of us very busy. Looking back, we can be proud of our work!. Many academic events in Emergency Medicine made this year a remarkable one. The year began with the formation and launch of the Organised Medicine Academic Guild of India (OM) during PEDICON2018 - The Annual Congress of the Indian Academy of Paediatrics in Nagpur. OM is a United Confederate of all Professional Organizations in Medicine namely the Indian Academy of Paediatrics, The Association of Surgeons of India, Emergency Medicine Association, Academy of Family Physicians of India, Association of Physicians of India, IADVIL, IAPSM and many others. This collaboration is definitely going to produce a huge impact in the culture of Emergency Medicine in our country. The various academic events have shown the strength of Emergency Medicine in our country.

The enthusiasm and commitment to build the academic science of Emergency Medicine shown by the various senior leaders in Emergency Medicine has actually carved a way for the young faculties to follow. This has helped in making a strong base of EM in India. We have definitely achieved a lot in the last year. WACEM at international level, EMA events at national level and state levels has helped to spread EM into various strata of the medical society. It wasn't an easy task to spread EM to these various levels.

The path was filled with thorns and the blooming of flowers hither and thither has definitely made everyone strive harder for the betterment of the EM system.

I would like to thank each and everyone of you for your continuing support, enthusiasm and your endless good will and efforts put towards TEAMS during this year. We look forward in continuing a successful collaboration and support in 2019 and wish you a wonderful year.



Dr. Ajith Venugopalan
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Chief Editor

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JPN Apex Trauma Center, New Delhi -

Designated as WHO Collaborating Centre for Emergency and Trauma care.

Jai Prakash Narayan Apex Trauma Center of the All India Institute of Medical Sciences in New Delhi has been designated a World Health Organization (WHO) Collaborating Centre for Emergency and Trauma care under the directorship of Dr. Sanjeev Bhoi, Professor & In-charge, Department of Emergency Medicine, JPN Apex Trauma Centre, All India Institute of Medical Sciences, New Delhi, India.



Dr. Sanjeev Bhoi

The institute has been a collaborator of WHO for more than two years, has taken the lead in strengthening pre and post-crash care in India as per Pillar 5 of the Global Plan of the Decade of Action for Road Safety 2011-2020. Terms of Reference with the JPN Apex Trauma Centre, the collaborating center are as follows: 1.) To support WHO in its strategies for strengthening Emergency and Trauma care in the Member states, SEA Region and Globally. 2.) To collaborate with WHO in public health research to improve Emergency and Trauma care surveillance system. 3.) To collaborate with WHO in developing strategies to implement emerging technologies for improving Emergency and Trauma care in primary health care setting.



Among the capacity building workshops, the institute has organized for health practitioners from many countries in South-East Asia include several workshops aimed at strengthening pre and post-crash trauma care, conducted in collaboration with Khon Kaen University in Thailand, and others on integrating emergency care into primary health care.

(http://apps.who.int/whocc/List.aspx?cc_title=WHO+Collaborating+Center+for+Emergency+and+Trauma+Care)

“Art of Caring - Emergency Minds” -

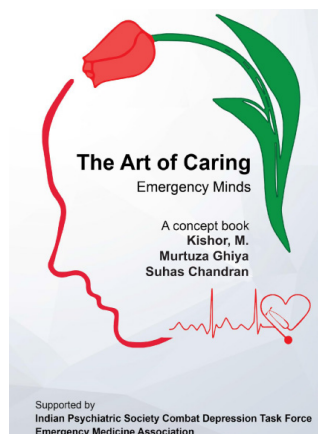
A concept book by Dr. Murtuza Ghiya, Dr. Kishor M., Dr. Suhas Chandran.

The sense of urgency, uncertainty and the constant interruptions makes Emergency Medicine (EM) a unique speciality in the medical sphere. This puts a tremendous amount of pressure on the Emergency Physician (EP); physically, mentally and emotionally. EM is a dynamic field where simultaneously investigation, treatment decision making, handling of anxious patient caregivers, coordinating with various other medical specialties for referrals, stabilisation and mobilising patients to make way for incoming emergencies, while heeding to the administrative and academic responsibilities within the hospital and outside.

The book is a collaborative work by EM specialist Dr. Murtuza Ghiya, Psychiatrist - Dr. Kishor M., & Dr. Suhas Chandran. Dr. Kishor M is the convener of Indian Psychiatric Society “Combat Depression” task force. Dr. Suhas Chandran is the member of National Committee for Emotional wellbeing of doctors and medical students. Dr. Murtuza Ghiya, Asst. Professor in Emergency Medicine (M.D in Emergency Medicine from St. Johns Medical College, Bangalore) is a member of the Emotional Well-being committee of IMA & leads the Emotional Well-being domain under the Emergency Medicine Association (EMA) India. He has always been focusing on multiple soft skills and also the emotional well-being of health care providers which is indeed essential in Emergency Medicine. The book has multiple authors from Emergency Medicine who are all representative of EMA. The idea for this book, “The Art of Caring-Emergency Minds”, was conceived with a view to empower the residents and physicians working in the ED with

the non-clinical skills needed for effective handling of emergency situations, which is seldom taught in the traditional medical curriculum. This unique compilation features articles written by emergency physicians and psychiatrists, and consists of descriptions of experiences with crisis situations, and how they can be dealt with in humane and compassionate ways, while protecting themselves from the resultant stress that is a natural consequence of dealing with life and death on a regular basis. Communication skills among colleagues and patients and the importance of teamwork, with the ability to give and receive constructive criticism while taking the lead in difficult and complex situations are also discussed in the book. It is well-known that there is a high incidence of work stress and burn-out among EM residents and physicians – this can be avoided by adopting strategies to deal with them early. Up to 65% of the nurses suffer from high emotional stress and hence there is also a chapter on the nurses’ perspectives.

Crucial topics like Sleep disturbances among doctors, de-stressing mechanisms, along with balancing work and family, Breaking bad news tactfully, importance of medical law and ethics, Professional etiquette and Difficult referrals are discussed in the book. Corroboration and networking is an important aspect of successful medical practice, and books like this offer opportunities for interaction with other professionals with similar interests, thereby giving a unique multifaceted perspective.



The book is free for download from the link provided:

<https://www.emaindia.net/home/emResources>

https://drive.google.com/open?id=oB9wB63_Ec8dzek5jbDFIYWM2Qjg5YLZrc1Fyd3NRanV1eVpN

4th World Academic Congress of Emergency Medicine (WACEM 2018) - DOHA

An Academic Feast at International Level

The 4th World Academic Congress of Emergency Medicine (WACEM 2018), a collaborative effort of the Hamad Trauma Center, Emergency Medicine Department and Ambulance Service of Hamad Medical Corporation and the leadership of WACEM and Indo-US Health & Medicine Collaborative (INDUSEM), was held in Doha, Qatar, from 30th October to 4th November, 2018.

The Main Congress was hosted from 1st November to 4th November 2018 with over 300 Hours of education by over 200 faculty from over 20 countries. Prior to the main congress, we had multiple workshops attended by more than 500 Delegates

Qatar presented itself to the world as a hub for Quality Academics with High Quality Education, Research and Patient Care.



The academic summit was supported by global experts, leaders, physicians, nurses, paramedics, residents and students of trauma, emergency and acute care medicine.

The World Academic Council for Emergency Medicine (WACEM) was inaugurated under the leadership of Academicians from Japan, Nepal, Sri Lanka, Europe, Singapore, India, United States and the UK in 2016.

WACEM 2018 was a multidisciplinary academic meeting of 2,000 professionals from a wide variety of settings and countries who provide care, education and conduct research in Trauma, Emergency and Acute Care Medicine.



Prof. Sagar Galwankar, Chair of the WACEM, giving the first keynote speech

The theme for WACEM2018 was "Bridging Gaps and Building Networks in Trauma, Emergency and Acute Care Medicine: Best Evidence and Practice from Academic Systems".

The Cochrane Research Course was held in WACEM2018 which was a super hit.

The World Academic Congress of Emergency Medicine will be the annual meeting of WACEM and will be called WACEM. WACEM 2018 will be the 4th

Congress, building on the success of previous congresses held in 1.) AIIMS, New Delhi, India. 2.) Bengaluru, Karnataka, India and 3.) Colombo, Sri Lanka.

The WACEM 2019 - 5th World Academic Congress of Emergency Medicine will be held in Dubai. Welcome you all to the Majestic Global City of Technologies, Therapies & Transformation - **WACEM2019DUBAI**.

EM Activities and Achievements in the past quarter

Dr. Sirur SCUBA Dives the Sulu Sea

Manipal Emergency Medicine's Residency Trained MCI Recognized Emergency Medicine Specialist and EMA Leader Dr. Freston Marc Sirur led an expedition as an Emergency Physician to Sulu Sea in the Philippines. Wellness and Hyperbaric Emergency Medicine was the perfect section for this fantastic experience

Bhakti Honored @ Hopkins !

INDUSEM Leader and Swastha Jyoti Paritoshik Winner Dr. Bhakti Hansoti was honored by John Hopkins University when she was listed in The Living the Hopkins Mission Honorees Roll. Bhakti Hansoti has been nominated for this award for her tireless efforts as a mentor and intellectual at Johns Hopkins. Through her persevering work in the Department of Emergency Medicine and international research efforts, she sets a phenomenal example for future female intellectuals in the field.

Dental Prep @ IDA Malabar

EMA leaders Dr. Manu Ayyan, Dr. Vimal Rohan and Dr. Binoy Xavier from Department of Emergency Medicine at Pariyaram Medical College in collaboration with the Costal Malabar branch of Indian Dental Association conducted a one day workshop on Basic Life Support for the Dental Surgeons at Kannur, Kerala under the Jeevan Jyothi Rashtriya Abhiyan national program of EMA.

Nisanth Awarded in Taiwan

ACEE Fellow Dr. Nisanth Menon N was conferred the 'Taiwanese Research Award' for his research work in the field of Rural Emergency Medicine which has helped him develop the RECTIFY – "Rural Emergency Care Training for Physicians" training programme. He received the award from Prof. Shin Jang Hwang, Head of the Chinese Taipei Medical Association in recognition of his pioneering work during the 22nd WONCA World Conference, held in Seoul, South Korea from 17th - 21st October 2018.

AIIMS Rishikesh & Academic Emergency Medicine

AIIMS Rishikesh has taken urgent steps to begin a legitimate residency program in Emergency Medicine. Running a legitimate EM residency program needs a lot of effort from the faculty side with better understanding of curriculum and incorporating revised teaching methods stated Prof Dr. Aggarwal, Head of the department, Dept. of Emergency Medicine, AIIMS, New Delhi.

For further informations regarding these events, log on to <http://www.indusem.org/news>

We Welcome You all to

St. Johns Medical College Hospital, Bangalore, Karnataka	EM-Karnataka - 2019	18th - 20th January, 2019
Indiana Hospital & Heart Institute, Mangaluru, Karnataka	Resusciticon 2019	27th January, 2019
Jubilee Mission Medical College, Thrissur, Kerala	Examthalon 2019	30th - 31st January, 2019
MGM Medical College & Hospital, Navi Mumbai	EPICON 2019 & MahaEM 2019	2nd - 6th February, 2019
D.Y.Patil University, Navi Mumbai	MEDINSPIRE	14th - 17th February, 2019
National Board of Examinations, Dwarka, New Delhi	NEMBRIC 2019	16th - 20th February, 2019

